



From the Raven's Nest...

for Friday, May 8, 2026

May is upon us...

It was so nice to have parents in the school on Wednesday to be toured around to the various places and to learn a little about your child's middle school experience. Many of our staff mentioned the different energy that was felt that afternoon. Thank you to those that were able to join us and if you were not, then we look forward to welcoming you into the school at another time. And also a HUGE thank-you to the RMS PAC for providing dinner for staff. It was greatly appreciated!



This coming week has a variety of events. First, it is Rainbow Week and our Rainbow Ravens club will be hosting a variety of days with different activities. Rainbow Week is a celebration of gender diversity and inclusion in schools. It coincides with the [International Day Against Homophobia, Transphobia, and Biphobia](#) on May 17th and is a time to visibly affirm and support our LGBTQTS+ and gender-diverse students. Throughout the week, we create opportunities to acknowledge that our school is committed to being a safe, welcoming, and inclusive space for all. We have different colour themes and activities each day and hope students will join in by dressing in the colour themes each day as a sign of acceptance and inclusion for all.

We know that safe spaces are crucial for students each and every day. We also know that many students emulate and copy some inappropriate things that they see online. We have students using language that is homophobic and/or racist and often try to justify it by saying it was "just a joke". We continue to reinforce that this type of language is discriminatory language and unacceptable in our school community, and appreciate you reinforcing that at home as well.

What's happening in a few weeks at Rockheights:

Monday, May 11th

- [Flags and Chalk Art at the front of the school](#)
- High jump and throwing (Shot Put and Discus) practice at Lunch
- Rainbow Ravens meets at lunch in the Art Room

Tuesday, May 12th

- [Bracelets and Button making](#)
- Pizza day - Preorder using www.schoolcashonline.com
- High Jump practice at lunch
- Running Clinic after school for all students signed up for running events in Track and Field

Wednesday, May 13th

- [Limbo Dance Party and Face Paint in the LLC courtyard](#)
- Relay Practice at lunch

Thursday, May 14th

- [Snack Shack and Sharing](#)
- SUBWAY day for those that pre-ordered
- Grade 5 and Grade 8 Transition afternoon- Gr 8 students dismissed at 11:55. Regular Day for Grade 6 and 7 students
- **SECOND** Track Meet at UVic

Friday, May 15th - District Wide Pro D day

Looking Further Ahead:

May 18 – Victoria Day holiday

Pizza Note: We have weekly order options for the month of May available online right now through www.schoolcashionline.com ALL ORDERS FOR THIS WEEK MUST BE SUBMITTED BY SUNDAY AT MIDNIGHT! Thanks!



- - - - PAC Reminder - - - -

This Tuesday (May 12) we will be having our PAC AGM at 6:30 in the Library Learning Commons at the school. We have a couple of openings so if you have always wondered about how to stay involved with your child's school experience then this is a chance to do that. The PAC is a great way to stay involved and contribute to the direction of our school community.

Please join us after the AGM for our planning meeting for the Grade 8 Celebration. In June look out for the volunteer sign up sheet as we will need many hands to help set up and tear down from this event.



CLASS BUILDING: There is a lot of input that goes into class building and we try to create classes that will provide the support and social attributes that are best for each child. We know that having social connections is incredibly important and trying to balance the educational

needs with the social emotional needs of each child is a challenging thing. That being said if there are peer dynamics that you think we need to be aware of, such as friendships that are crucial or peers that would be detrimental to your child's schooling next year, please feel free to forward those to me, by email, before Friday May 29, 2026. We do our best to accommodate the complex needs of each child and appreciate your support and input into this process. **ALSO – if you know that your child will NOT be here next year, please let us know so that we can help with their transition to their next school.**

Transition Afternoon - Thursday we look forward to our district transition afternoon.

This is a chance for our grade 8 students to visit their SD61 high schools for next year and we will be welcoming the grade 5 students that will be joining us in September. Grade 8 students will be dismissed at 11:55 and for those going to Esquimalt, a group will be walking to Esquimalt leaving the school at 12:15pm from the flagpole. All grade 8 students will be dismissed from their high schools and not returning to Rockheights.

Sincerely, *Mr Maxwell and Ms. Richardson*