



# *From the Raven's Nest...*

for Friday, April 2, 2026

***We hope you had a great break.....*** Well it has been a long, short week with trying to get back into the routines of school life. Who knew that two weeks off could be so habit forming? We have really enjoyed seeing students settle back in school and helping them get back into the swing of their daily routines and expectations. That, and there was plenty of excitement with April Fools pranks and the historic launch of Artemis II both taking place yesterday.

We know that it can be a challenge to help students get back into the regular sleep and eating routines and we really appreciate your support with that. Also, we are asking if you can please send your child with a reusable water bottle as staying hydrated will help them focus throughout the day. We have made the decision to remove Tetra Pak juice boxes from our lunch program as they produce a large amount of waste and are full of sugar. If you can encourage your child to bring a water bottle, that has their name clearly marked on it, then we know that drinking water throughout the day will help them stay hydrated and studies have shown that proper nutrition and hydration will improve their ability to focus and learn.

Thanks for your continued support with this request.

Sincerely, *Mr Maxwell and Ms. Richardson*

## What's happening in a few weeks at Rockheights:

### Monday, April 6<sup>th</sup> - EASTER MONDAY HOLIDAY

### Tuesday, April 7<sup>th</sup>

- Track and Field meeting at Nutrition Break in the Gym
- Grade 6 Badminton practice at lunchtime
- Pizza days return!- Preorder using [www.schoolcashionline.com](http://www.schoolcashionline.com)
- 3pm-4pm Rugby Practice after school

### Wednesday, April 8<sup>th</sup>

- Grade 7 Badminton practice at lunchtime
- Div 11, 13, and 14 to Langford Lanes

### Thursday, April 9<sup>th</sup>

- Grade 7 and 8 Music Trip to Vancouver
- Grade 8 Badminton practice at lunchtime
- Lockdown Drill at the school

### Friday, April 10<sup>th</sup>

- Grade 7 and 8 Music Trip to Vancouver continues
- Div 7 and 8 to Memorial Park

### Looking Further Ahead:

**Tuesday April 14** – RMS PAC meeting and Gr 8 celebration planning meeting

**Thursday April 16** – Battle of the Books at Lambrick Park Secondary

## **Pizza Note: Pizza Days return this week on Tuesday April 7.**

We have weekly order options available online right now through [www.schoolcashionline.com](http://www.schoolcashionline.com)  
ALL ORDERS FOR THIS WEEK MUST BE SUBMITTED BY SUNDAY AT MIDNIGHT!  
Thanks!





**Sales** – Yes, Subway Lunch Days will be back again on Thursdays, running from April 16 to June 18. Orders can be placed through [www.schoolcashonline.com](http://www.schoolcashonline.com). **ALL ORDERS MUST BE INTO THE SYSTEM BY SUNDAY APRIL 12.** We hope that this helps relieve some of the lunch pressure in your homes and we know this is a favourite for students.

## RMS PAC News!

**1. Calling Grade 8 Parents! - Grade 8 Recognition Ceremony planning session – Tuesday April 14, 2026 at 6:30 in the Library.** - We hope you can join us for this PAC meeting as we will be looking at our monthly PAC business but will also be having a focussed discussion about the Grade 8 recognition activities that are taking place on Monday June 22.

**2. PAC Fundrasier – Spring Planter baskets from Hilltop Greenhouses.**

If you are interested in ordering hanging baskets or planters, this is your chance. All orders can be placed at

<https://hilltopgreenhouses.com/pages/fundlet/I6BEWAHZ>

The link is accessible by anyone who clicks on it so please feel free to send it to family and friends that may be interested. Orders must be placed by Wednesday April 22 and baskets will be available for pick up on Thursday April 30 between 2pm and 4pm.

**3. MyEducation BC Parent Engagement Session**

Hello Parents and Caregivers,

The Ministry is inviting parents and caregivers to participate in a one time engagement session to share their experiences accessing information from their child's school. The session will take place on April 22, 2026, from 7:00 pm to 8:30 pm, and will be hosted via Zoom.

Families rely on information from schools that is clear, timely, and easy to find. This includes things like teacher communications, report cards, attendance, course selections, and school updates, to support their child's learning. The Ministry wants to better understand what is working well today, where challenges exist, and what families need from the digital tools and processes that schools use to share information.

Your insights will help the Province design better digital tools that can support districts and schools in providing clear, timely, and easy to find information to parents and guardians across B.C.

More information can be found here: [Parent Engagement Session - Designing Better Digital Tools for Families](#)

If you're interested in participating, please reach out to the Ministry team at [myedbc@gov.bc.ca](mailto:myedbc@gov.bc.ca) with your name, e-mail address, and school district. They'll confirm your participation, arrange a calendar hold, and send the Zoom link closer to the session. Participant selection will be on a first come, first served basis.

If you have any questions, you can also contact [myedbc@gov.bc.ca](mailto:myedbc@gov.bc.ca).

### **BCCPAC**

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