



From the Raven's Nest...

for Friday, February 6, 2026

Short week but jam packed days... This coming week only has four school days, but they are jam packed with events, guest speakers and many different extracurricular activities. Please reach out if you have any questions as when I create these schedules it is difficult to include all of the details.

What's happening next week at Rockheights:

Monday, February 9th -

- Grade 7/8 Comp Girls (Snider/Learned) practice at lunch
- Grade 7/8 Boys Volleyball Games at Selkirk Montessori

Tuesday, February 10th

- Pizza sales today!- Preorder using www.schoolcashonline.com
- Grade 6/7 Boys Volleyball Practice at lunch
- Craft/Felting Club at lunch in the LLC
- Grade 6/7 Girls (Ruffolo) Team games at Maria Montessori
- Grade 6/7 Girls (Petrooulos) Team games at St Joseph's
- 6:30pm Parent Education Night in the LLC - Please register [HERE](#)

Wednesday, February 11th

- 7:45am - Grade 7/8 Comp Girls (Snider/Learned) Team Practice
- Grade 7/8 Boys Volleyball Practice at lunch
- All Nations room open at lunch
- Raven's Club after school in the Raven's Nest
- Grade 7/8 Rec Girls (Maxwell) Team GAMES at Selkirk Montessori
- Grade 7/8 Rec Girls (Dresler) Team GAMES at Glenlyon Norfolk
- Grade 7/8 Comp Girls (Snider/Learned) Team GAMES at Rockheights

Thursday, February 12th

- SUBWAY day for those that ordered
- Headstrong Health Summit for students involved
- Budget input conference for students involved
- Grade 6/7 Girls Volleyball Practice at lunch

Friday, February 13th

- Tri District Professional Development Day – no school for students

Looking Further Ahead:

Monday February 16 – Family Day
Long Weekend

Friday February 20 – CC Afternoon

Wednesday February 25 – Pink Shirt
Day

Pizza Days on Tuesday! –
Weekly Pizza sales are set up on
www.schoolcashonline.com and
will be available until Sunday
night at midnight.

JOIN US FOR OUR ANNUAL PARENT
EDUCATION NIGHT

TECHNOLOGY, ONLINE SAFETY AND YOUTH MENTAL HEALTH

TUESDAY, FEBRUARY 10TH

6:30pm

ROCKHEIGHTS MIDDLE SCHOOL LIBRARY,
1250 HIGHROCK AVE.

GUEST SPEAKERS:

CRISTINA MARTIN, B.A, B.ED, M.A, REGISTERED CLINICAL
COUNSELLOR, CCC

NICHOLE WILLIAMS, CHILD AND YOUTH COUNSELLOR AT
VICTORIA GENERAL HOSPITAL

HOSTED BY THE ROCKHEIGHTS
MIDDLE SCHOOL PARENT
ADVISORY COMMITTEE

PARENTS &
GUARDIANS
WELCOME

We hope you will join us for the following **Parent Education Night**. Technology, Online Safety and Mental Health were the highest topics in the parent survey that we shared at the start of the year so we are thrilled to be able to provide this session. If you are able to join us, please register by clicking **HERE** so we can ensure space for those that want to attend.

Transfer Information – This is student transfer week so if you are interested in your grade eight child transferring to a different high school than the one that they are pre-transitioned to or if you are interested in trying to transfer to another school, this is the week to express that wish. Please note that all students that live in our catchment are automatically transitioned to their neighbourhood school. So, for the majority of our grade eights that is Esquimalt High School and for students in grade 5 that live in the Vic West and Macaulay catchment, they are automatically transitioned to Rockheights for English track and to Shoreline if they are in Early French Immersion.

The Greater Victoria School district does everything we can to ensure that students are able to attend their local neighbourhood school and due to the limitations on school capacities, we have a priority system when looking at transfer requests. More information about this, as well as the transfer request form can be found at <https://www.sd61.bc.ca/registration/student-transfer-process/>

At Rockheights we “Have our Materials” and that includes a lunch.

We are very fortunate to have food available to students throughout the day, but there are some students that are choosing not to bring food from home and are quite open about the fact that they just hoping to get leftovers from the lunch program. The lunch program is available to families that need the additional support and please reach out to Mr Maxwell if that is the case. Otherwise, please help us ensure there is food for families in need by reminding your child to pack and bring a lunch with them to school.

Lastly, on behalf of all of us here at the school, we really appreciate your support and communication if things are popping up at home. We appreciate that you only receive one side of the story and that can be challenging to know how to respond to what you may be hearing. We really do rely on your communication and are always willing to investigate and share what we can find out from a school perspective.

Sincerely,

Mr Maxwell and Ms. Richardson