



# From the Raven's Nest...

for Friday, January 9, 2026

Dear Families,

**Happy New Year...** First of all, I wanted to reiterate that we hope that you and your family had a safe and restful holiday. I know that it could be a challenge for everyone to get back into the routines of school and we wanted to thank you for your support with getting students to school on time and ready to go this week.

January is a busy month with volleyball teams (this year it looks like we will have 8 teams!), community events, and starting to look at transitions for the next school year. Grade eight families should have received information about this and we know that it won't be long until we are welcoming grade 5 students to join the Rockheights family. For our Grade eight families, if you are interested in the High School Programs of Choice please see:

<https://www.sd61.bc.ca/programs/programs-of-choice/>

## What's happening next week at Rockheights:

### Monday, January 12<sup>th</sup> -

- Noon - Rainbow Ravens meet in the Art Room
- Grade 7/8 Competitive Girls Volleyball Practice at lunch

### Tuesday, January 13<sup>th</sup>

- Pizza sales today!- Preorder using [www.schoolcashonline.com](http://www.schoolcashonline.com)
- Grade 6/7 Boys Volleyball Practice at lunch
- Craft/Felting Club at lunch in the LLC
- RMS PAC meeting at 6:30pm in the LLC

### Wednesday, January 14<sup>th</sup>

- Grade 7/8 Boys Volleyball Practice at lunch
- All Nations room open at lunch
- Grade 7/8 Rec Girls Teams Volleyball Practice after school

### Thursday, January 15<sup>th</sup>

- SUBWAY starts today- Preorder using [www.schoolcashonline.com](http://www.schoolcashonline.com)
- Grade 6/7 Girls Volleyball Practice at lunch
- Grade 8 student reps to the Community Resource Warehouse

### Friday, January 16<sup>th</sup>

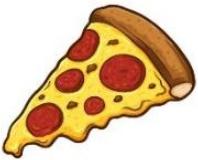
- Grade 7/8 Rec Girls Teams Volleyball Practice at lunch
- All Nations room open at lunch

## Looking Further Ahead:

Mon Jan 26 – Pro D Day

Wednesday January 28 – Human Library

## **Pizza and Subway orders are BACK!** –Weekly Pizza sales are set up on [www.schoolcashonline.com](http://www.schoolcashonline.com) and will be available until Sunday night at midnight.



You can also order Subway which will start on Thursday January 15 and go until Thursday March 5. All Subway orders must be submitted by Sunday at midnight as well so we can get them to the supplier.

We really appreciate your support helping students get back into daily routines and practices. Trying to encourage time away from screens before bed, and other habits for good sleep routines, will help them be successful. This week we also had a large number of students come to the office looking for lunches because they “didn’t bother packing one”. We do have snacks available for all student’s but only have a limited number of lunches available for the students in need. We appreciate your support reminding your children to please try to pack their lunches the night before so they have the sustenance they need to be successful throughout the day.

Thanks, and we hope you have a great weekend!

Sincerely, *Mr Maxwell and Ms. Richardson*

## **Rockheights Human Library Event – Wednesday Jan 28**

- Do you have a unique hobby or an interesting job?
- Are you an entrepreneur, an artist, or do you have a fascinating life story that you would be willing to share?

Rockheights is planning a Human Library Event! We are looking for “Human Books” who would be willing to have a conversation with our students.

*If you answered yes to any of the above questions then we need you! (Or if you have a friend or relative that you think would be interested then please share this with them as well – The holidays are a great time to ask friends and family as well.)*

We know that middle school is a time for students to explore and try new things. Many of you were probably inspired by people you met when you were the age of our students and this is a chance to maybe pass that on to our students. The “Human Library” is an activity where people are the books and students get a chance to meet some adults that are willing to share some of their experiences. It is not about doing a formal presentation about your experiences but rather having an informal conversation with our students about what you have experienced or what inspired you in the direction of your life. Participants can come for a couple of hours, for the morning or afternoon or for the full day depending on your availability.

If you have an artifact(s) that is related to what you do, or have experienced, then you can have them displayed and students will be touring around and asking questions to hear your story.

I have been involved in this activity several times and it has been great to see parents, the public, and even former students share their experiences and hopefully plant the seeds of inspiration for our students. If you are willing/interested in taking part in this event, then please complete the form found at: <https://forms.gle/ipshtwWxgaWwXMoW9> and I will connect with you to get you more details. If you have any questions about this please do not hesitate to email me directly at [amaxwell@sd61.bc.ca](mailto:amaxwell@sd61.bc.ca) Thanks!