# From the Raven's Nest...

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for Friday, October 3, 2025

So, October is upon us, which means that the weather is getting colder and the days are getting shorter. Please help your child make good choices in terms of their attire as many of our students showed up this morning drenched from head to toe. Some of them were only wearing t-shirts and with all of the colds and flu bugs going around, it means they are prime to get sick.

We also appreciate your help with student hygiene. We are a scent-free building (although I am the first to admit that being scent free is not possible with 300+ adolescents running around in our building) so I am asking that you encourage that your child(ren) keep that in mind when they come into the building. Some of our students are bringing body sprays or perfumes and some have even sprayed them in the classrooms or on other people, which is obviously unacceptable. Please remind your child that if they are wearing deodorant/anti-perspirant then they should apply it at home in the morning and not bring the dispenser to school. Hygiene is important, but we also have people that are sensitive to strong smells so we must be cautious with scented sprays, deodorants or perfumes. Thank you for your support with this.

#### What's happening at Rockheights next week:

#### Monday, October 6th -

Lunch – Rainbow Raven's in the Art Room

#### Tuesday, October 7th -

Lunch - Soccer Intramurals

#### Wednesday, Oct 8<sup>th</sup>

- Lunch Cross Country Practice
- Music Room is OPEN at Lunch
- 3pm 5pm Raven's Club in the Raven's Nest

#### Thursday, Oct 9<sup>th</sup>

- Lunch Garden Club
- Lunch Soccer Intramurals
- 3:30pm Cross Country Meet at UVic

Friday, Oct 10th

#### **Looking Further Ahead:**

October 6- 24 FSA for Grade 6 students

# Monday October 13

Thanksgiving (Holiday)

<u>Wednesday October 15</u> Photo Retake Day

October 23 and 24 Parent Teacher Interviews



<u>Pizza update</u> Thank you to everyone who placed their orders online using SchoolCash Online. ALL ORDERS WILL NEED TO BE SUBMITTED BY <u>MIDNIGHT ON THIS SUNDAY</u>. All orders can be placed using <u>www.schoolcashonline.com</u> We will still try to have a couple of pizzas for those students that forget to order online, but <u>availability will not be guaranteed if you have not pre-ordered!</u>

LAST CALL FOR



ORDERS!...Yes, Subway orders close on Saturday at midnight. I need to collate them and get them to the supplier on Sunday so Saturday is the last chance to submit them. Please go to www.schoolcashonline.com to ensure you get your order in.

### SAVE THE DATE - Parent Teacher Communication

We will be hosting our parent Teacher Interviews on October 22 and 23. On the 22<sup>nd</sup> it will be regular dismissal and on the 23<sup>rd</sup> students will be dismissed at 1:50pm and the interviews will be starting at 2pm. Interviews will be 15 minutes in length. Notices will be sent home next week so you can



indicate your availability for these conferences which will be conducted in person or over the phone. Please fill out the bottom of the form and return it by Wednesday October 15.

# RMS PAC News:



Keep those Country Grocer receipts

Goes towards food gift cards for families in need

## FUNDRAISER





We hope to see you at our meeting on Tuesday Oct 14 at 6:30pm

**Athletics** - Congratulations to all of the students that took part in Cross Country and Soccer.

Also, a big thank you to Ms. Learned, Mr Cambell, and Mr. Percival for volunteering to coach our school teams. The seasons are wrapping up this week for Cross Country and the students did and amazing job, not only competing in their



respective sports, but also representing our school community through sportsmanship, teamwork and cooperation. We are very proud of our young ravens and look forward to the next group of athletes that will represent us.

That being said, the next sport of the year is basketball, so please encourage your child to listen for the announcements and to sign up for one of our teams on the Athletics board. No experience is necessary, and we expect we will be fielding multiple teams, so if you are interested/willing to help out with coaching please let Mr. Campbell know. He can be contacted by email at lucampbell@sd61.bc.ca

Thank you again for your support and we hope you enjoy the weekend!

Sincerely,

Aaron Maxwell

d Beth Richardson

**Principal** 

Vice-Principal

