

# *From the Raven's Nest...*

for Friday, October 10, 2025



**THANKFUL...** Indeed this is a great weekend to reflect on how thankful we are to be a part of this wonderful community. We are very fortunate to be able to live, learn, and play on the traditional territories of the Songhees and Kosapsum (Esquimalt) Nations. We are also blessed to have a strong school community here at Rockheights and it is a pleasure to welcome your child each and every day. One aspect of our community is that we are incredibly fortunate to have community partners such as the Rainbow Kitchen and Backpack Buddies that provide food for our children so that they are able to focus and learn with a full stomach. This is truly a special place and we appreciate your ongoing support and contributions to making it so. Thank you!



## What's happening at Rockheights next week:

**Monday, October 13<sup>th</sup> - HAPPY THANKSGIVING!**

**Tuesday, October 14<sup>th</sup> -**

- Garden Club at Lunch
- Craft Club in the LLC at Lunch
- 6:30pm – RMSPAC meeting in the Library Learning Commons

**Wednesday, Oct 15<sup>th</sup>**

- Photo Retake Morning
- Lunch - Cross Country Practice
- 4pm Cross Country Meet at Westshore

**Thursday, Oct 16<sup>th</sup>**

- 10:17am Great BC ShakeOut

**Friday, Oct 17<sup>th</sup>**

- \$2 Hot Dog Sales at lunch

## Looking Further Ahead:

**October 6- 24** FSA for Grade 6 students

**October 22 and 23** Parent Teacher Interviews

**October 24** Professional Development Day



**Pizza update** Thank you to everyone who placed their orders online using SchoolCash Online. **ALL ORDERS WILL NEED TO BE SUBMITTED BY MIDNIGHT ON THIS SUNDAY.** All orders can be placed using [www.schoolcashionline.com](http://www.schoolcashionline.com) We will still try to have a couple of pizzas for those students that forget to order online, but availability will not be guaranteed if you have not pre-ordered!

## **SAVE THE DATE - Parent Teacher Communication**

We will be hosting our parent Teacher Interviews on October 22 and 23. On the 22<sup>nd</sup> it will be regular dismissal and on the 23<sup>rd</sup> students will be dismissed at 1:50pm and the interviews will be starting at 2pm. Interviews



will be 15 minutes in length and booking details were sent home this week. Please fill out the bottom of the form and return it by Wednesday October 15.

## RMS PAC News:

A big thank-you to all the parents that volunteer with our PAC and with the various PAC events. We could not do these things without your support!



Keep those Country  
Grocer receipts

1% Goes towards food gift cards  
for families in need

We hope you will join us for Tuesday's RMSPAC  
meeting at 6:30 in the Library

### SD61 Cold and Flu Season Reminders

We have reached that time of the year again! It is cold and flu season. As students return to classrooms for the new school year, as the leaves start to turn and the temperature drops, the tissues and sneezes begin to appear. Additionally, with COVID-19 continuing to circulate within our community, it is important to take extra precautions.

Please remind your child of the following important habits:

- Make sure to wash hands frequently.
- Avoid touching face, mouth, or eyes.
- Cover your mouth and nose when sneezing or coughing by leaning into your elbow or using a disposable tissue. Quickly throw away any used tissues and wash or sanitize your

hands after.

- Respect the personal space bubbles of other students.
- Stay home when sick!

Please monitor your children daily for any cold or flu-like symptoms. In accordance with the Public Health Guidelines, students and staff are asked to stay home when sick or displaying any symptoms of sickness. If students develop symptoms throughout the day while they are at school, they will be reminded to use tissues or lean into their elbow to cover their coughs and sneezes. If required, an office staff member will contact you to arrange a pickup of your sick child.

### ATHLETICS UPDATE:

BASKETBALL is Underway! - It looks like this year we have enough interest to field FOUR teams. We are currently looking for coaches for our two girls teams, so if you are interested, then please let us know. You can email me at [amaxwell@sd61.bc.ca](mailto:amaxwell@sd61.bc.ca) and I will pass your name on to our new Athletic Director, Josh Hotchin.



We hope that you all have a great long weekend and are able to spend some time thinking about all of the things that we have to be thankful for. Happy Thanksgiving!

Sincerely,

*Aaron Maxwell & Beth Richardson*

Principal

Vice-Principal

