



From the Raven's Nest...

for Friday, January 10, 2025

Dear Families,

Happy New Year... First of all, I wanted to reiterate that we hope that you and your family had a safe and restful holiday. I know that it could be a challenge for everyone to get back into the routines of school and we wanted to thank you for your support with getting students to school on time and ready to go this week.

January is a busy month with volleyball teams (this year it looks like we will have 7 teams!), community events, and starting to look at transitions for the next school year. Grade eight families should have received information on Wednesday about this and we know that it won't be long until we are welcoming grade 5 students to join the Rockheights family. If you are interested in the High School Programs of Choice please see <https://www.sd61.bc.ca/programs/programs-of-choice/secondary-programs-of-choice/>

What's happening next week at Rockheights:

Monday, January 13th -

- Noon - Rainbow Ravens meet in the Art Room

Tuesday, January 14th

- Pizza sales today!- Preorder using www.schoolcashionline.com

Wednesday, January 15th

Thursday, January 16th

- Last day to submit SUBWAY orders online
- Grade 8 student reps to the Community Resource Warehouse

Friday, January 17th

Looking Further Ahead:

Fri Jan 24 – Pro D Day

Wednesday January 29 – Human Library

Friday January 31 – Family Fun Night

Pizza and Subway orders are BACK! –Bulk and weekly Pizza sales are set up on www.schoolcashionline.com and will be available until Sunday night at midnight. You are able to bulk order or choose to order each week.

You can also order Subway which will start on Thursday January 23 and go until Thursday March 6. All Subway orders must be submitted by Thursday January 16 at noon.



Krispy Kreme's are coming, Krispy Kreme's are coming: We apologize to those of you that made resolutions about eating more healthy foods this year, but the PAC are once again doing a Krispy Kreme doughnut sale this month. Only \$20 per dozen! To ensure your order, pre-orders can be made at: <https://sd61.schoolcashionline.com/Fee/Details/63394/140/False/True>
Doughnuts will be available for pick up on the 31st at the Family Fun Night!

We really appreciate your support helping students get back into daily routines and practices. Trying to encourage time away from screens before bed and other habits for good sleep routines, will help them be successful. This week we also had a large number of students come to the office looking for lunches because they “didn’t bother packing one”. We do have snacks available for all student’s but only have a limited number of lunches available for the students in need, We appreciate your support reminding your children to please try to pack their lunches the night before so they have the sustenance they need to be successful throughout the day. Thanks, and we hope you have a great weekend!

Sincerely, *Mr Maxwell and Ms. Singh*

Rockheights Human Library Event – Wednesday Jan 29

Do you have a unique hobby or an interesting job? Are you an entrepreneur, an artist, or do you have a fascinating life story that you would be willing to share? Rockheights is planning a Human Library Event! We are looking for “Human Books” who would be willing to have a conversation with our students.

If you answered yes to any of the above questions then we need you! (Or if you have a friend or relative that you think would be interested then please share this with them as well

We know that middle school is a time for students to explore and try new things. Many of you were probably inspired by people you met when you were the age of our students and this is a chance to maybe pass that on to our students. The “Human Library” is an activity where people are the books and students get a chance to meet some adults that are willing to share some of their experiences. It is not about doing a formal presentation about your experiences but rather having an informal conversation with our students about what you have experienced or what inspired you in the direction of your life. Participants can come for a couple of hours, for the morning or afternoon or for the full day depending on your availability.

If you have an artifact(s) that is related to what you do, or have experienced, then you can have them displayed and students will be touring around and asking questions to hear your story.

I have been involved in this activity several times and it has been great to see parents, the public, and even former students share their experiences and hopefully plant the seeds of inspiration for our students. If you are willing/interested in taking part in this event, then please complete the form found at: <https://forms.gle/dc9VoFPubhDXIs7A> and I will connect with you to get you more details. If you have any questions about this please do not hesitate to email me directly at amaxwell@sd51.bc.ca Thanks!

SAVE THE DATE! - RMS PAC Family Games Night:



On January 31 from 6pm until 8:00pm there will be a special event for all families from Rockheights Middle School. The RMS PAC will be hosting a Family Fun Games Night with food, fun, and friends. We hope that many of our families will be able to join us!



The Esquimalt Lions will be serving hamburgers and hot dogs (by donation- suggested minimum donation of \$2 per hamburger or hot dog). There will be games, crafts, and activities for people of all ages. All proceeds will be going to support our grade 8 recognition events. We hope that you can join us for this special community building event.

Volunteers are NEEDED! – If you are able to help out for an hour or more at this event please indicate on the following Google doc https://docs.google.com/spreadsheets/d/1meowf7_7O53le_IPgc_ANi0V3A08fWfyHBg4pcdCAcQ/edit?usp=sharing . We can not do this without your help!