

From the Raven's Nest...

for Friday, March 15, 2024

Time for a Break...

I hope that as you are reading this you are looking forward to a couple of weeks of rest and relaxation with your family. Thank you to those of you that accessed your child's Learning update through Parent Connect. **As of this morning only 51% of families have done this!** If you have not, we hope you can log on via <https://parentconnect.sd61.bc.ca/Identity/Account/Login> which is the same website that you used to grant permissions at the start of the year. For instructions on creating an account, visit our school district website at <https://www.sd61.bc.ca/parent-student-resources/parent-connect/>

Goal setting is an important part of your child taking ownership over their progress and we hope that they will be able to share why they set the goals that they identified in their report. If you have feedback or suggestions about these discussions please feel free to share them with your child's Advisory teacher or with me directly.

It has been a long term for many of our students (and staff) and on behalf of all of the staff here at Rockheights, we hope that you have a great break and that it is full of quality time with family and friends.

Sincerely, *Mr Maxwell and Ms. Singh*

What's happening next week at Rockheights:

Monday, April 1st - APRIL FOOLS DAY!

Tuesday, April 2nd LAST DAY OF SPRING BREAK

Wednesday, April 3rd - School Reopens!

- 8:15-8:35 Indigenous Drumming in the foyer
- Noon - Rainbow Ravens meet in the Art Room

Thursday, April 4th

- Chess Club at lunch in the LLC

Friday, April 5th

- Div 7, 8, and 9 Swimming at Esquimalt Rec

Looking Further Ahead:

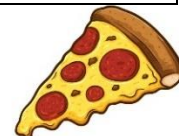
April 10 and 11 – Grade 7 and 8 Music Trip to Vancouver

April 12 – Grade 6 (and some 7's) Booster shots – please see the information from the Public Health Nurse

April 16 – RMS PAC meeting and Gr 8 celebration planning meeting

Pizza Note: The next Pizza Day will be Tuesday April 9th.

We will have bulk order and weekly order options available when we return. Thanks!



PAC Fundrasier – Spring Planter baskets from Hilltop Greenhouses.

If you are interested in ordering hanging baskets or planters, this is your chance. All orders can be placed using Cash Online at the following link <https://sd61.schoolcashionline.com/Fee/Details/53986/140/False/True>. The link is accessible by anyone who clicks on it so please feel free to send it to family and friends that may be interested. Orders must be placed by Friday April 5 at 5pm and baskets will be available for pick up at the Showcase of Learning (Student Led Conferences on Wednesday May 1). Please see the attached flyer for images and information about this sale.

At Rockheights, we use our unique strengths and challenges to build an empowered community.

1250 Highrock Ave. Esquimalt, BC V9A 4V7 Ph: (250) 384-7125 Fax: (250) 384-7263

Immunization Information for Grade 6 (and some Gr 7 students)



Public Health will be providing the second immunizations for our grade six students on April 12th, 2024. They will also provide catch-up immunizations to any Grade 7 students who missed their Grade 6 immunizations last year. Only Grade 7 students who have a paper consent form signed by their parent/guardian/representative from the 2022-2023 school year (Grade 6) will be immunized. Please contact the local Health Unit at 250-519-5311 if you have any questions.

Still looking for activities for your child?

World Cups Youth Festival
 Celebrating Community since 1986!
March 29 & 30th 2024
 Open to Players born 2006-2019
 Registration \$42 before March 1st, 2024 \$52 on or after March 1st, 2024
 Bring Bag for each Player! Fun & Skill Stations! Prize Wheels!
 TITLE SPONSOR: CCGO PREMIER & CO-OP
 SPONSORS: SOCCERTRON, JIVE, etc.
 REGISTER ONLINE: www.worldcups.ca

ESQUIMALT YOUTH TRAINING PROGRAM
 REGISTER HERE: ESQUIMALT.CA
 12-15 YRS OLD
 • PUBLIC SPEAKING SKILLS
 • GAME & CRAFT TRAINING
 • BEHAVIOR MANAGEMENT SKILLS
 • TEAMWORK EXERCISES
 • RESUME DEVELOPMENT
 • INTERVIEW SKILLS
 • LEADERSHIP SKILLS
 • VOLUNTEER EXPERIENCE
 WEEK 1: MARCH 18-22
 WEEK 2: MARCH 25-28
 QUESTIONS: kyle.eloney@esquimalt.ca 250-412-8500

VELACROSSE.COM
VICTORIA ESQUIMALT LACROSSE ASSOCIATION
 COED TEAMS FOR AGES 4.5 TO 16
 FEMALE ONLY TEAMS FOR AGES 8 TO 22
 NO EXPERIENCE NECESSARY
 FOLLOW US ON FACEBOOK & INSTAGRAM

CARNARVON BASKETBALL
 THE LARGEST GIRLS-ONLY CLUB ON VANCOUVER ISLAND
 • LOCAL COMMUNITY TEAMS FOR SOCIAL PLAYERS
 • LOCAL COMPETITIVE TEAMS FIGHTING FOR CITY CHAMPIONSHIPS
 • 3 FIERCELY COMPETITIVE TRAVEL TEAMS, GR 6-8
 • SKILL DEVELOPMENT SESSIONS FOR ALL PLAYERS
 BUILDING CONFIDENCE, LEADERSHIP AND TEAM SKILLS IN AN EMPOWERING ENVIRONMENT.
 REGISTER BEFORE APRIL 1ST FOR OUR SPRING U11 AND U13/15 SKILL DEVELOPMENT SESSIONS.
 ALL SESSIONS LED BY OUR TECHNICAL DIRECTOR WITH 30+ YEARS EXPERIENCE COACHING YOUTH BASKETBALL.
 JOIN NOW: www.carnarvon.ca/basketball
 KEEP JOY IN THE GAME & KEEP GIRLS IN SPORT

FOUNDRY VICTORIA
Cannabis 101 for parents and caregivers
 Come and learn and ask questions about youth cannabis use
 Presented by young people who have the lived experience of changing their relationship with cannabis.
 Monday March 25 at 6pm
 546 Yates Street- 2nd floor
 rsvp to Lisa.tate@familysmart.ca

GET YOUR HOCKEY ON THIS SPRING BREAK!
 UPCOMING HOME GAMES
 COUNTRY FEST VS. PG | MAR. 15 | 7:05 PM
 COUNTRY FEST VS. PG | MAR. 16 | 8:05 PM
 VALUE WEEKDAY VS. WEN | MAR. 20 | 7:05 PM
 FAN APPRECIATION VS. WEN | MAR. 22 | 7:05 PM
 GET TICKETS: www.esquimalthockey.com
 WANT TO BRING A GROUP? INQUIRE TODAY!
 KEVIN PATENAUDE 250-521-0196
 KEVIN.PATENAUDE@VICTORIANYALS.COM

Esquimalt Lions Bottle Drive
 We Want Your Empty Cans & Bottles "No Sorting Required"
 DATE: March, 16th 2024
 TIME: 9AM - 3PM
 PLACE: Archie Browning Arena (rear parking lot)
 PICK-UP Services Available Call 250-508-6926
 More info at www.x-clubhouse.org/sites/esquimalt/calendar.php
 Return-It Better Print
 PROCEEDS TO Macaulay School Dairy Program

Esquimalt & Area - Clothing & Toy Exchange
 2024 Dates: January 27 February 24 March 23 April 17 May 18 June 22
 Time: 10:00am to 2:00pm
 Clothing Exchange Info: Bring bag(s) of clean clothes to donate/exchange for new-to-you items. Please no ripped or stained items. Don't have anything? Come anyway, there's always lots!
 Toy, Book, CD/DVD Exchange Info: Please ensure if the item has multiple parts, that all parts are together in a bag & labelled. Please no broken items.
 Do Not Bring: Anything that requires a Child Safety Rating (eg. Car/Booster Seats) Appliances, Large Household Items, Broken Electronics, Cleaning Supplies, Food, Knives, or items that don't work.
 Location: Wheeley Hall, Esquimalt United Church 800 Admirals Road (Entrance off Lyall Street by Rainbow Kitchen)
 Look for the Clothing Swap Signs & Red Arrows
 Free Admission, Wheelchair & Stroller Friendly
 ALL Sizes & ALL are Welcome
 Contact: EsquimaltExchange@gmail.com for more information

ESQUIMALT PARKS + RECREATION
YOUTH LEADERSHIP CAMP
 AGES 12-15
 March 18-22
 March 25-28
 Develop employable skills for your future!
 @Esquimalt Rec Centre
 Register: 250-412-8500

Esquimalt Lion's Easter Family Fun Event
 Easter Saturday March 30, 2024
 Esquimalt Gorge Park 11:30 am to 2:30 pm
 Food Concession
 Family Games & Activities
 Face Painting & Crafts
 Egg Hunt by Ages
 1-5 years - 12:00 - 12:30
 6-9 years - 12:30 - 1:00
 10-14 years - 1:00 - 1:30
 ESQUIMALT PARKS + RECREATION

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