



# *From the Raven's Nest...*

for Friday, April 5, 2024

## **We hope you had a great break.....**

Well it has been a long (short) week with getting back into the routines of school life. Who knew that two weeks off could be so habit forming? We have really enjoyed seeing students back in school, and helping them get back into the swing of daily routines and expectations.

We know that it is a challenge to help students get back into the regular sleep and eating routines and we really appreciate your support with that. Also, sending your child with a reusable water bottle is also a benefit to help them stay hydrated and that helps them focus during the day as well. Thanks for your continued support.

### **What's happening next week at Rockheights:**

#### Monday, April 8<sup>th</sup>

- **Partial Solar Eclipse** – please see the notice that was sent from the district.

#### Tuesday, April 9<sup>th</sup> - Pizza Days return!

#### Wednesday, April 10<sup>th</sup>

- 8:15-8:35 Indigenous Drumming in the foyer
- Grade 7 and 8 music trip to Vancouver
- Noon - Rainbow Ravens meet in the Art Room

#### Thursday, April 11<sup>th</sup>

- Grade 7 and 8 music trip to Vancouver continues
- Chess Club at lunch in the LLC

#### Friday, April 12<sup>th</sup>

- ALL SUBWAY ORDERS need to be submitted online or into the office
- Grade 6 (and some 7's) Booster shots – please see the information from the Public Health Nurse
- Grade 8 student to Camosun for Trades sampler
- Division 7 to Wildplay

#### **Looking Further Ahead:**

**April 16** – RMS PAC meeting and Gr 8 celebration planning meeting

**May 1** – Student Led Conferences and Young Entrepreneur Fair for Grade 7 students

## **Pizza Note: The next Pizza Day will be Tuesday April 9.**

We have bulk order and weekly order options available online right now through

[www.schoolcashionline.com](http://www.schoolcashionline.com) . Thanks!



**Subway Sales** – Yes the PAC is happy to offer Subway Lunch Days again on Thursdays from April



18 to June 20. Orders can be placed through [www.schoolcashionline.com](http://www.schoolcashionline.com) or if you would like

a paper order form they are available through the office (and I have attached a digital copy to this email as well). **ALL ORDERS MUST BE INTO THE SYSTEM BY FRIDAY APRIL 12.** We hope that this

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helps relieve some of the lunch pressure in your homes while at the same time supporting your RMS PAC.

## Immunization Information for Grade 6 (and some Gr 7 students)



Public Health will be providing the second immunizations for our grade six students on April 12<sup>th</sup>, 2024. They will also provide catch-up immunizations to any Grade 7 students who missed their Grade 6 immunizations last year. Only Grade 7 students who have a paper consent form signed by their parent/guardian/representative from the 2022-2023 school year (Grade 6) will be immunized. Please contact the local Health Unit at 250-519-5311 if you have any questions.

**Student Call Back- If your child is going to be absent, please contact their Advisory teacher or call the school call back number which is just our school number (250) 384-7125 and when the machine picks up you just PRESS 1.**

**It really helps us with morning attendance if we know why a student is away. Thank-you!**



**PAC Meeting – Tuesday April 16, 2024.** - We hope you can join us for this PAC meeting as we will be looking at our monthly PAC business but will also be having a focussed discussion about the Grade 8 recognition activities that are taking place on Monday June 25.

**Partial Solar Eclipse** - Lastly, on Monday April 8 there will be a partial eclipse. There was information sent out by the district about this event and some of the concerns about this event. Some of the key points are:

- The eclipse can be safely watched through NASA's online live stream and additional recommendations for safe viewing are outlined on the Government of Canada website.
- Never look directly at the eclipse
- Only view the eclipse if you have safe viewers and filters that meet international standards, and do not use homemade filters to view the eclipse
- If you don't have eclipse viewers that meet the international standard, create a pinhole projector and focus on the projected image, not the sun itself

If necessary, we will be looking at altering the daily schedule so that students will not be outside during this rare event. It looks like the weather forecast is for cloud and rain on Monday so it may not be an issue for us. We hope that you have a great weekend.

Sincerely, *Mr Maxwell and Ms. Singh*

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