

# From the Raven's Nest...

for Friday, October 6, 2023



Dear Families,

**THANKFUL...** Indeed this is a great weekend to reflect on how thankful we are to be a part of this wonderful community. We are very fortunate to be able to live, learn, and play on the traditional territories of the Songhees and Esquimalt Nations. We are also blessed to have a strong school community here at Rockheights and it is a pleasure to welcome your child each and every day. One aspect of our community is that we are incredibly fortunate to have community partners such as the Rainbow Kitchen and Backpack Buddies that provide food for our children so that they are able to focus and learn with a full stomach. This is truly a special place and we appreciate your ongoing support and contributions to making it so. Thank you!



## What's happening at Rockheights next week:

**Monday, Oct 9<sup>th</sup>** - Thanksgiving Day Holiday

**Tuesday, Oct 10<sup>th</sup>** - FSA's continue this week

- Pizza sales today!- Preorder online by Sunday evening using [www.schoolcashonline.com](http://www.schoolcashonline.com)
- RMS PAC Meeting in the Library Learning Commons

**Wednesday, Oct 11<sup>th</sup>**

- Noon - Rainbow Ravens

**Thursday, Oct 12<sup>th</sup>** –

- SUBWAY Lunches for those that ordered

**Friday, Oct 13<sup>th</sup>**

## Looking Further Ahead:

**Wednesday October 18 and 19** – Parent Teacher Communication evenings

**Thursday October 19** – Great BC ShakeOut Earthquake Drill

**Friday October 20**– District Pro D Day

**Pizza reminder!** – If you are interested in ordering Pizza for your child please do so using SchoolCash Online **before Sunday at midnight**. All pizzas are on whole wheat crust and pre-orders are required.

**Athletics** - Congratulations to all of the students that took part in Cross Country and Ultimate Frisbee. Also, a big thank you to Ms. Singh, Ms. Yaxley, Ms. Learned, Ms. Stark, Mr. Snider and Mr. MacInnis for volunteering to coach our school teams. The students did an amazing job, not only competing in their respective sports, but also representing our school community through sportsmanship, teamwork and cooperation. We are very proud of our young ravens and look forward to the next group of athletes that will represent us.

That being said, the next sport of the year is basketball, so please encourage your child to listen for the announcements to sign up for one of our teams. No experience is necessary, and we expect we will be fielding multiple teams, so if you are interested/willing to help out with coaching please let our athletic director, Mr. Snider know. He can be contacted by email at [isnider@sd61.bc.ca](mailto:isnider@sd61.bc.ca)



## Parent Teacher Communication

We will be hosting our parent Teacher Interviews on October 18 and 19. On the 18<sup>th</sup> it will be regular dismissal and on the 19<sup>th</sup> students will be dismissed at 1:50pm and the interviews will be starting at 2pm. Interviews will be 15 minutes in length and booking details were sent home today.

Notices were sent home today so you can indicate your availability for these conferences which will be conducted in person or over the phone. Please fill out the bottom of the form and return it by Wednesday October 11. Confirmations will be sent home at the end of next week.



## RMS PAC News:

### PAC Community Engagement Evening this Tuesday

Come and learn about some of the different resources that are available to you and your children in our community. Starts at 6:30 in our library learning commons. We hope to see you there!

#### SD61 Cold and Flu Season Reminders

We have reached that time of the year again! It is cold and flu season. As students return to classrooms for the new school year, as the leaves start to turn and the temperature drops, the tissues and sneezes begin to appear. Additionally, with COVID-19 circulating within our community, it is important to take extra precautions.

Please remind your child of the following important habits:

- Make sure to wash hands frequently.
- Avoid touching face, mouth, or eyes.
- Cover your mouth and nose when sneezing or coughing by leaning into your elbow or using a disposable tissue. Quickly throw away any used tissues and wash or sanitize your hands after.
- Respect the personal space bubbles of other students.
- Stay home when sick!

Please monitor your children daily for any cold or flu-like symptoms. In accordance with the Public Health Guidelines, students and staff are asked to stay home when sick or displaying any symptoms of sickness. If students develop symptoms throughout the day while they are at school, they will be reminded to use tissues or lean into their elbow to cover their coughs and sneezes. If required, an office staff member will contact you to arrange a pickup of your sick child. These protocols are in place to lower the risk of transmission of communicable disease and to keep our students and staff safe and healthy. For more information on the health and safety protocols implemented in our schools go to:

[Provincial Communicable Disease Guidelines for K-12 Settings](#)

Thank-you, for your ongoing support and communication as we work our way through the school year. I hope you have a great long weekend. Happy Thanksgiving!

Sincerely,

*Aaron Maxwell*  
Principal

*Tania Singh*  
Vice-Principal