



From the Raven's Nest...

for Friday, February 3, 2023

Ramen For Reading...

Well January has been a busy month with many of our students heavily engaged in our Ramen for Reading challenge. Congratulations to Division 4 for reading over 810 hours in the month of January to take the main prize. Be sure to watch CTV Vancouver Island News on Wednesday as they may be coming to share the story and witness the winners enjoying their Ramen lunch.

As mentioned last week, February is Kindness month so we will have a variety of activities and challenges for students to complete. Stay tuned!

What's happening next week at Rockheights:

Monday, Feb 6th - SD61 K-12 Transfer week

- Gr 7/8 Boys Volleyball practice at lunch

Tuesday, Feb 7th

- Craft Club at NB in the LLC
- Dungeons and Dragons Club at Lunch
- Pizza sales today!- Preorder online by Sunday evening using www.schoolcashionline.com
- Gr 6/7 Girls Volleyball at Lunch and after school at Rockheights
- 6:30pm RMS PAC meeting in the library

Wednesday, Feb 8th -

- Rainbow Ravens at lunch in room 1051
- 3pm-5pm Raven's Club in the Raven's Nest
- 7/8 Girls Volleyball practice at lunch and after school at GNS

Thursday, Feb 9th

- **SUBWAY Day** for those that pre-ordered
- Chess Club at Lunch
- Gr 6/7 Boys Volleyball practice at lunch and after school at Central Middle School

Friday, Feb 10th

- Dollar Dog Days - \$1 for a hot dog or a sweet treat
- Drama Club at Lunch in the Music Room
- Volleyball Practice at lunch for ALL teams

RMS PAC News:

- We are still collecting Country Grocer Receipts so please send them to the office
- We are always looking for new members for our PAC so please join us at 6:30pm on Tuesday in the library

**KIZUNA
RAMEN**



We'd like to take time to highlight a member of the community who has shown outstanding support of our Ramen for Reading initiative. Yoshimune Arima, the head chef and owner of Kizuna Ramen, has been incredibly kind to Rockheights through his generous donation of \$200 in Kizuna Ramen gift cards, as well as the addition of a menu item (a half order of noodles) to raise funds to support *Ramen for Reading*. Yoshi kindly took the time to answer some questions for us about himself and his journey with Ramen.

Q: What is Kizuna Ramen's story?

A: Kizuna means 'Bond' or any relationship in Japanese. I hope one day my bowl of ramen connects people together in between like family, friends, our restaurant, farmers, and butcheries, and like any relationship establish 'Kizuna' through our ramen.

Q: What part of ramen excites you the most?

A: I'd say broth. The ingredients I receive are always present different conditions like different parts of pork, or different types of pork from different farms, etc., so I need to bring them up to the same maximized umami level to make it consistent and it takes around 20 hours to make the broth over two days. It's sometimes hard but every time I make it to that level, I feel very accomplished and that makes me happy.

Q: How has reading been a part of your life and helped you get to where you are today?

A: I read so many books in Japanese when I was young. Since I started to follow my dream as a chef, I mostly spend time reading cooking books :).

Thank you so much to Yoshi of Kizuna Ramen for his incredible kindness and generosity towards Rockheights and this incredible initiative!



Pizza reminder! – If you are interested in ordering Pizza for your child please do so using SchoolCash Online **before Sunday at midnight**. All pizzas are on whole wheat crust and pre-orders are required.

Another fun school wide event is that students will be once again building gravity cars. All participants will be racing their cars at the end of February and there will be prizes for various categories such as fastest, most creative, etc.



One aspect of the gravity cars is that we use CDs or DVD's as the wheels. If by chance you have any spindles of CD's or DVD's that you are no longer using (as they have been replaced by cloud storage or memory sticks) and would be willing to donate them to the school, please send them to me here in the office. We can buy more, but if you have spindles or old CD's that you longer need, we would greatly appreciate the donation.

Transfer process: If you would like your child to attend a different school for the 2023-24 school year, please complete a student transfer application form and submit the form to your current school by 3:00pm on Friday, February 10th. Click on the link to get a pdf version of the form:

[K-12 Student Transfer Application 2023-24 \(002\)](#) Forms can also be obtained from the school office, and on the District's website.

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Lastly, a huge congratulations to all of the students involved in the Ramen for Reading initiative this past month. There were four classes that all read around 800 hours in the month of January and we are incredibly proud of the effort that was shown. It really does make me proud to be a Raven and thank you to all of the families for your continued support of your child's literacy development as we know that daily reading is crucial to student's learning!

Sincerely, *Mr Maxwell*