

From the Raven's Nest...

for Friday, October 28, 2022



Dear Families,

Trick or Treat?... Well this is a long awaited time for many of our students. We can imagine that the energy that we have been seeing at school is likely seen at home as well. I hope all of the students that celebrate Halloween are able to have a safe and successful evening.

Students are invited to wear their costumes on Monday as long as they are appropriate for school. We do ask that they not bring masks, anything that could be considered a weapon, and that they ensure that costumes do not celebrate at the expense of another's race, culture, Religion, gender or trauma.

We really appreciate that next week we may have some tired students that are riding the peaks and valleys of their sugar levels and want to try to ensure that they are able to be successful here at school. As mentioned last week, please ensure that you are aware of what your child is bringing in terms of food and snacks. We have had some students that bring excessive amounts of candy to school to share, or even sell, to their classmates. This is not acceptable and we appreciate you taking the time to monitor your child's candy consumption. We do have some fun events planned on Monday and Tuesday (staff/student basketball game and pajama day on Tuesday) and look forward to this being a fun week for everyone.

What's happening at Rockheights next week:

Monday, Oct 31th – Halloween!

- Staff Student "BOO" sketball game at lunch

Tuesday, Nov 1st

- Pajama Day
- Pizza lunch – see page 2 for details/changes

Wednesday, Nov 2nd

Thursday, November 3rd - Pre-ordered Subway Lunch

- Chess Club at Lunch
- School Lockdown Drill

Friday, November 4th

- Legend of Zelda Club at Noon



Looking Further Ahead:

Tuesday November 8- RMS PAC meeting

Thursday November 11 – Remembrance Day Holiday

Monday November 14 – SD61 Professional Development Day

Lockdown Drill this week. – We continue to practice emergency drills throughout the year, and this week we will be hosting our first Lockdown drill of the year on Thursday at 2pm. Please see the attached document for specifics on the drill. We will have representation from VicPD involved in the drill and wanted to ensure that all families were aware of the drill taking place

NSLA - No Stone Left Alone



Rockheights Middle School will be participating in a special pre-Remembrance Day Ceremony in collaboration with the No Stone Left Alone Memorial Foundation at Veterans' Cemetery on Friday, November 4, at 1:30 pm. Military representatives from CFB Esquimalt will be attendance. Following a brief outdoor ceremony, our students will pay respects to over 2500 war veterans buried at Esquimalt Veterans Cemetery (God's Acre). This will be the eighth ceremony of its kind involving Rockheights Middle School aimed at helping our young students recognize and remember our Canadian military members.

Students will be walking to Veteran's Cemetery on Colville Road, rain or shine, with police escort. Please remind your youth to dress warmly.

***Please note: this event may involve local media coverage. Should you not want your child in media, please let Mr. Maxwell or Ms. Pelletier know by contacting the school.



For more information on No Stone Left Alone, please visit the website: <https://www.nostoneleftalone.ca/>

RMS PAC News:

Help support the Rockheights PAC and keep families prepared by selling Canadian Safety Supplies First Aid, Survival, Pet and Vehicle Kits to your friends and family. The sell sheets were sent home this week. The sell sheets and any cash or cheques collected need to be back to your student's teacher by **December 12th**. When the packages are ready, they will be sent to your student's classroom. Thank you for your ongoing effort and support!

ATTENTION GR 6 Parents:

Recently immunization consent packages for grade 6 students were sent home from the school. If you have not already done so, please return the completed consent form to the school in a sealed envelope as soon as possible. Students in grade 6 will be offered immunizations in school-based clinics with the consent of a parent/guardian/representative. COVID-19 and Influenza vaccines will NOT be administered at the school.

Immunizations will be provided at the school for grade 6 students on Nov. 25, 2022.

Pizza update Thank you to everyone who has made the transition to the online ordering system.

We had a few requests to see if we could add a multi-week order option so that families did not have to remember each week to log on and order their child's pizza. We have done that and you can place an order that will be the same for the five weeks in November and the two weeks in December (7 weeks in total). For this option students will have the same order for each of the seven weeks. There is still a week by week ordering option for families that may prefer that system.



ALL ORDERS WILL NEED TO BE SUBMITTED BY MIDNIGHT ON THE SUNDAY PRIOR TO THE PIZZA DAY and for the multi week order they must be placed by this Sunday October 30. All orders can be placed using www.schoolcashionline.com We will still try to have a couple of pizzas for those students that forget to order online, but availability will not be guaranteed if you have not pre-ordered.

We hope you have a great weekend and are sure there are many families that will be celebrating Halloween events this weekend. We look forward to seeing our students costume creativity on Monday and thank you for your support in ensuring everyone has a successful week.

Sincerely, *Mr. Maxwell*