

From the Raven's Nest...

for Friday, October 14, 2022



Dear Families,

Parent-Teacher Communication Week... This is the week that we have a very important event on Wednesday and Thursday. Parent-Teacher Communication sessions (or Parent Teacher Interviews) are happening and this is a chance to connect with your child's Advisory teacher and get an update on how they have settled in as well as discuss how best to support your child going forward this year. These discussions are crucial for a successful year for your child as we need to establish a team approach to supporting their learning. We realize many of you have been in regular contact with your child's teacher and this is another opportunity to collaborate as we work together. Meetings will take place on Wednesday (3pm – 7pm) and Thursday (2pm-5pm) and are being scheduled by your child's teacher. If you have not already done so, please ensure that you have returned the form or set up an appointment to meet in person connect by phone or by virtual conference with your child's teacher.

What's happening at Rockheights next week:

Monday, Oct 17th

Tuesday, Oct 18th – Scholastic Book Fair starts

Wednesday, Oct 19th - Scholastic Book Fair

- Noon - Music Pizza sales
- 3pm – 7pm Parent Teacher Communication

Thursday, Oct 20th - Scholastic Book Fair

- Pre-ordered Subway Lunch
- Great BC Shakeout – Drill at 10am
- 1:50pm dismissal for Parent Teacher Communication

Friday, Oct 21st

- District Pro D day

Looking Further Ahead:

Tuesday October 25– Photo retake day

Thursday November 3 – School Lockdown Drill

Friday November 4 – No Stone Left Alone

Tuesday November 8 – Parent Information Night

Friday November 11 – Remembrance Day Holiday

SD 61 SNAPSHOTS – Supporting Our Students by Supporting Those Who Care For Them

Snapshots provide a wide range of mental health and wellness information and resources to support students and families as they navigate their way through the K-12 years. The information in the Snapshots offers the opportunity for parents and caregivers to initiate conversations with their child(ren) that will assist them in making positive decisions about their mental and physical well-being.

Making friends is a vital part of growing up and an important part of social and emotional development. Healthy relationships provide a sense of belonging and can help build self-esteem and confidence. Children and youth with authentic friendships learn how to resolve conflicts and build social competence. Please see October's Middle School snapshot at the following link: [Healthy Relationships and Consent](#)

Compassionate Resource Warehouse

Helping students find meaningful community connections is one of our school goals here at Rockheights. One way in which we do this is through trying to find opportunities for students to get involved and give back to their communities by connecting with different community organizations and agencies. One example of this is the connection that we have with the Compassionate Resource Warehouse (<https://www.crwarehouse.ca/>) with whom we visit once a month and take some of our grade eight students to give them the opportunity to give back to our local, and global, community. Students volunteer to be a part of this program and in return get a fun learning experience that also looks pretty good on a resume for future endeavours. We really appreciate the work this organization does to distribute resources to global communities in need and think that this experience helps our students start to think about their role in more of a global context.



Pizza sales Update!

As we continue through the year we know that many of you take advantage of the ease of having your child buy Pizza lunch on Wednesdays. We have used a first come first served system, but that makes it very difficult to predict the number of slices required each week. In an attempt to improve this for students, we are looking at offering a pre-order system in which families can pre-order to ensure your child gets pizza each week. We will be using an online system where you will be able to place your child's order each week.

This week we will continue the current system but are hoping to send out the pre-order information for sales starting next week.

Please remind your child to dress appropriately as the weather gets cooler, to bring a water bottle that can be filled throughout the day, and to continue to wash hands regularly as this is the season for cold and flu bugs to make their way through our community. We want to continue some of the habits that we learned due to Covid to help keep each other healthy.

I hope you all have a great weekend and take the time to do your research and get out and vote. We look forward to welcoming each of you into our school this week as part of our Parent Communication meetings and hope that you will take some time to check out the Book Fair in the library learning commons. Have a great weekend.

Sincerely, *Mr. Maxwell*

RMS PAC News: **PAC Members wanted!**

RMS PAC is a way to stay connected and involved in your child's education. We meet regularly and do so on the second Tuesday of the month at 6:30 at the school. Until then, we hope you will join the RMS PAC page on Facebook for more information.

Please check out the PAC Facebook group by searching "Rockheights Middle School PAC"