



# *From the Raven's Nest...*

for Friday, May 27, 2022

Dear Families,

**Time to Celebrate?** I think it is indeed a time to celebrate, not only as we approach the end of the school year and the success that students have achieved, but also as the weather gets better and we can spend more time outdoors. It was great having so many families attend the concert this past Wednesday and to have the opportunity for our students perform so beautifully. Thank you for your support of this and we know there are many things that we will be celebrating over the next month and we look forward to parents being a part of that process.

## **What's happening at Rockheights next week:**

**Monday, May 30<sup>th</sup>**

**Tuesday, May 31<sup>st</sup>**

**Wednesday, June 1<sup>st</sup>**

- Noon - Music Pizza sales

**Thursday, June 2<sup>nd</sup>**

- Subway lunches for those that pre-ordered

**Friday, June 3<sup>rd</sup>**

- Athletic Leadership applications due
- Dollar Dog Days at lunch

## **Looking Further Ahead:**

**June 4<sup>th</sup>** Grade 8 Bottle Drive

**June 9<sup>th</sup>** Last Subway Day

**June 13<sup>th</sup>** CC Afternoon

**June 20<sup>th</sup>** Grade 8 Recognition Ceremony

**June 23<sup>rd</sup>** Last day of School

## **What do you think?**

As we mentioned last week we have connected with an artist from the Esquimalt Nation to help us develop a new logo for our school. Darlene Gait has created three conceptual images that we are sharing with our community to get feedback and thoughts.

### **ROCKHEIGHTS RAVENS**



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ROCKHEIGHTS RAVENS

The first concept is that raven with wings spread and in the wings are the image of the wolf which is used by both of our local nations. The second is an image of the Ravens head holding the Sun in its beak which references the creation stories from this area, and the third is a Coast Salish design of a Raven in flight. These are just initial sketches and we are interested in your thoughts or preferences.

**If you have thoughts about any of the three concepts please feel free to send them to me directly (before Monday May 30) via email to [amaxwell@sd61.bc.ca](mailto:amaxwell@sd61.bc.ca)**

Once we have chosen one of the concepts, Darlene will be creating a completed image for us to refine and use for all of our school representation and communication (letterheads, school wear, sports uniforms, etc)

## RMS PAC Event

Tuesday May 31 - 7pm. Parent Education night with Dr. Lisa Gunderson at the school in the Library Learning Commons. PAC meeting starts at 6:30 if you are interested in joining us for that.

Saturday June 4 12-3pm - Bottle Drive at Cask and Keg

**Social Media Check In...:** Do you have a regular check in with your child regarding their Social Media engagement? We understand that with the pandemic and staying distant many students have used technology to “stay connected” but that has its challenges. We have had a few accounts created lately where students are posting mean things towards others in the community. We are working with students here at the school but need your support to check in from time to time on your child’s involvement and exposure to these things. **Please if you have not done so recently, sit down with your child and have them share their social media accounts with you.** Some research has shown that most adolescents have many different accounts on a single platform that they may use, but just having the conversation about appropriate behaviour is crucial. We appreciate your support and involvement with this.

**Last Call for Athletic Leadership applications:** If your child is interested in being a part of Athletic Leadership next year here at RMS, please encourage them to see Mr. Roy or ask at the office for application information. All applications need to be submitted by Friday June 3!

### **COMMUNITY EVENTS:**

If you have any community events that you want to share please send them to me and I am happy to share them with our school community. We hope you have a great weekend!

Sincerely, *Mr. Maxwell*

## PISE PROGRAMS 2022

YOUTH SUMMER

### SUMMER CAMPS FOR YOUTH

**YOUTH PERFORMANCE CAMP (12 -15 years)**  
Are you looking for the expertise and facilities to help you take your game to the next level? PISE Strength and Conditioning Coaches will put you through your paces each day, focusing on building strength, speed and conditioning through training foundations, games and activities.

<p><b>July 4 - July 8   MON - FRI</b> 9:00AM - 12:30PM   \$300 Registration: #6474 Location: PISE</p>	<p><b>July 18 - July 22   MON - FRI</b> 9:00AM - 12:30PM   \$300 Registration: #6475 Location: PISE</p>
<p><b>Aug 2 - Aug 5   TUES - FRI</b> 9:00AM - 12:30PM   \$240 Registration: #6476 Location: PISE</p>	<p><b>Aug 15 - Aug 19   MON - FRI</b> 9:00AM - 12:30PM   \$300 Registration: #6477 Location: PISE</p>

**YOUTH LEADERSHIP CAMP (14-17 years)**  
In PISE's Youth Leadership camp, teens will have an opportunity to learn leadership, communication, and role modelling skills. Through practical experience, youth will gain knowledge about the principles of physical literacy, how to lead a group and encourage kids to be active for life!

**Volunteer Opportunity!** Each youth will participate in at least one week volunteer placement in one of our kids' summer camps.

	<p><b>June 27 - June 30   MON - THURS</b> 9:00AM - 2:00PM   \$335 Registration: #6425 Location: PISE</p>
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250.220.2510    WWW.PISE.CA    IN PERSON

## ESQUIMALT TEEN NIGHT SCHEDULE

Find us on Instagram @esqteencentre

Thursday	Friday	Saturday
7:00pm-10:00pm	7:00pm-10:00pm Pizza Night	7:00pm-10:00pm Snack Night
	Basketball 7:30pm-9:45pm	Basketball 7:00pm-9:45pm

POOL FOSEBALL PING PONG XBOX BOARD GAME ROOM

www.esquimalt.ca/youth

www.esquimalt.ca

## ESQUIMALT YOUTH TRAINING PROGRAM

What You'll Learn:

- Customer Service Skills
- Leadership Skills
- Volunteer Experience
- Game & Craft Training
- Behavior Management Skills
- Public Speaking Skills

Step 1

JULY 4-8 2022

AGES 12-15

Join us!



## ESQUIMALT YOUTH TRAINING PROGRAM

Step 2

- Resume development
- Interview skills
- Leadership skills
- Volunteer Experience

August 2nd-5th 2022

Register at equimait.ca

