



# *From the Raven's Nest...*

for Friday, January 14, 2022

Dear Families,

**It is so good to have students back in our building...** Thank-you to everyone for your work reinforcing the protocols and expectations with your children. In general, the students are doing a great job with mask wearing, the new entrances, and the new routines that try to minimize congestion. We appreciate your support at home, and we will be continuing to reinforce the expectations here at school. One other thing is that to ensure ventilation we are keeping many of our windows open and encouraging students to be outside at breaks. Please remind your child to dress appropriately as we do not want anyone to be chilled but students should expect to be outside throughout the day.

We have also had a couple of inquiries about the Daily Health Check (DHC) and what the expectations are if someone has been in close contact with someone that has tested positive for Covid. The district has been working with Island Health to update our Daily Health check procedures (please see the attached documents) and the guidelines are as follows:

- Close contacts **who are NOT fully vaccinated** are supposed to isolate for 10 days after last exposure to the case. If they go on to develop symptoms and test positive, their isolation is five days from their onset of symptoms, so may end up shorter than the initial 10 days.
- Close contacts **who are fully vaccinated** (including children with 2 doses), they do not have to self isolate but should self monitor closely and isolate immediately if they develop symptoms. If they develop symptoms, they should isolate for five days because of their symptoms (symptoms override close contact status in terms of self-management).

If in doubt, we have been encouraged by the Provincial Health Officer to “err on the side of caution”, but please feel free to connect with me or your child’s advisory teacher if you have any other questions.

## What’s happening at Rockheights next week:

Monday, Jan 17<sup>th</sup>

Tuesday, Jan 18<sup>th</sup>

Wednesday, Jan 19<sup>th</sup>

- Noon - Music Pizza sales
- Rainbow Ravens at lunch

Thursday, Jan 20<sup>th</sup> - Lockdown drill today

Friday, Jan 21<sup>st</sup>

- Dollar Dog Day – Hot Dogs and Freezies on sale for \$1 each
- Manga/Anime club at lunch in LLC

### Looking Further Ahead:


January 24<sup>th</sup> – Middle School Pro D Day

January 25<sup>th</sup>-28<sup>th</sup> – Hockey Week at RMS



**Monthly District Snapshots:**

The School District creates snapshots on specific themes. The theme for December was [Relationships, Romance and Consent](#) The January 2022 Middle Snapshot’s topic is Digital Citizenship and raising digital citizens. Please click on the following link for more information: [Raising Savvy Digital Citizens](#)



## RMS PAC News: Facebook Page

Do you have a Facebook account? Have you followed the most popular Rockheights Middle School PAC Facebook page? If not, please do as this is another spot that we will be updating as part of our communication protocol if there are closures or other updates that you need to know about. Please just search Rockheights Middle School PAC on Facebook and you can’t miss it!

**REMINDER:** Please help us by reminding your child to be sure that they are dressing for the weather. As a parent of teenage boys, I realize this can be challenging, but students are generally spending a portion of each day outside. Students are expected to go outside for Nutrition Break and Lunch (unless it is an “Indoor Day” due to extreme weather) but even then we are often working in classes with the windows open.



We really appreciate your support especially given how challenging these times are for all members of our community. We know that we must keep working together to keep everyone as safe as we can, and if you have any questions or concerns please do not hesitate to contact me here at the school.

Sincerely, *Mr. Maxwell*