



From the Raven's Nest...

for Friday, November 5, 2021

Dear Families,

Lest We Forget... This has been a busy week with the post Halloween energy levels and the schools participation in No Stone Left Alone. We really appreciate the opportunity to reflect and acknowledge the sacrifice that so many have made to protect our freedoms. We really appreciate our community connections and the involvement of the our Canadian Armed Forces Members and members of our local police department. I also want to acknowledge the work of Ms. Pelletier and the student volunteers that made the ceremony so special. Thank you all!



What's happening at Rockheights next week:

Monday, Nov 8th - Manga/Anime Club at Lunch

Tuesday, Nov 9th 3pm Gr 6/7 Boys Basketball practice

- 6:30 RMS PAC meeting via Zoom

Wednesday, Nov 10th

- Noon - Music Pizza sales

Thursday, Nov 11th - Remembrance Day – Lest We Forget

Friday, Nov 12th

- School District 61 Professional Development Day

Looking Further Ahead:

Friday November 19- Grade 6

Immunizations- Please ensure you have returned your child's permission form

Wednesday November 24 – Fall Concerts

Friday December 3 – Fire Drill



MENTAL HEALTH AND WELLNESS SNAPSHOT

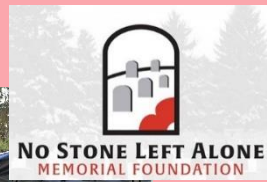
SUPPORTING OUR STUDENTS BY SUPPORTING THOSE WHO CARE FOR THEM

Monthly District Snapshots:

The School District creates snapshots on specific themes In October the theme was [Youth and Substance Use](#) The November 2021 Middle Snapshot's topic is on communication! Please click on the following link for more information: [Important Talks with Teens](#)



NSLA – No Stone Left Alone



For more information on No Stone Left Alone, please visit the website: <https://www.nostoneleftalone.ca/>

SAVE THE DATE

Music Update... We are excited to be planning our Fall concerts for Wednesday November 24. We will be looking at limited seating for in person participation and also a Zoom option for those tuning in from home.

We look forward to celebrating the progress that all our students have made this year! Stay Tuned

RMS PAC News: PAC Meeting this Tuesday

RMS PAC is a way to stay connected and involved in your child's education. **We will be meeting, via Zoom on Tuesday November 9** and hope you can join us at the following link:

<https://gvsd61.zoom.us/j/67088204741?pwd=eDhDd2w0Z2tWVVBjeDdIYUJBMUpNUT09>

And don't forget about the PAC fundraiser at <https://fundraising.tru.earth/RockheightsPAC>



We are incredibly fortunate to have the support and involvement of so many partners in our community. We would really like to thank the members of the Canadian Armed Forces that took part in our ceremony this week as well as all of the students that took leadership roles to make our ceremony special. We know it is a short week, but hope that your family will be able to find your own way to honour Remembrance Day and never forget the sacrifice that our military members, and their families, have made to provide us with the safety and security that we enjoy. Lest We Forget.

Sincerely,
Mr. Maxwell